Local Health Care Specialists

Ambulance		
AMREF	Dr. Betty Vadera	Emergency 315 454/5 600090/602492/ 600552/600833 cell: 733-62-84-22 sat phone: 000-873-76-23-15-580 or 000-873-761-298-080 Fax: 336886 506521/2/3/4
AAR Amb	Nairobi Mombasa Kisumu	2717374/5/6 041-312405 0733-758-976
St. Johns Amb	224 066	222396/ 216573
Medevac	Emergency: 566683	562696 Non-Emergency 564412/87 561643
ICAA (Intensive Care Air Ambulance)	Wilson Airport	600600 0722-600600
International SOS Pretoria	Izak Maree/ Rehana Jacobs Pretoria, South Africa	27-11-541-1000 (24 hr alarm center)
International SOS London	London UK	44-20-87-628133
MRI (Medical Rescue International)	Aukland Park, South Africa	27-11-403-7080

Local Health Care Specialists

Hospitals		
Nairobi Hospital	Argwings Kodhek Rd Nairobi	272 2 60/ 352 101 271 4400 352 101 All night pharm
Aga Khan Hosp Nairobi	3rd Parklands Ave Nairobi	374 2531/ 374 0015/ 374 0729/ 374 1749 3740000
Gertrude's Garden Pediatric Hospital	Muthaiga Road Nairobi	376 3474/5/6/7 All night pharmacy
M.P. Shah Hospital	Shivachi Rd Nairobi	374 2763/4/5/6/7 Fax: 374 6177
Mombasa Hospital	Mombasa	041-231 2190/1 041-228 7101
Pandya Mem Hosp	Mombasa	041-231 4140
Aga Khan Hosp Kisumu	Kisumu	057-2024374 057- 2021441 057-2021009
Aga Khan Hospital Mombasa	Mombasa	041-222 7710
Kenyatta Nat Hosp	Nairobi	2726300

Laboratory		
Nairobi Hospital Lab Mr. Roba Hussein (mgr) Satellite Lab	Argwings Kodhek Rd Warwick Centre	272 2160 x232 Fax: 2719-277 712 0716

Local Health Care Specialists

Pharmacies		
Mansion Chemist	Mansion House, Wabera St.	22 26 80 10% discount with Emb ID
Shah Pharmacy	Sarit Centre	3747423 10% discount with embassy ID
Warwick Pharmacy	Warwick Centre	7120444
Check local newspaper for chemists, daily	Lists pharmacies on duty 24 hours per day	
Unga House- Shield Pharmacy	Open until 12M.	3743710/ 750876

Alcohol and Drug Rehabilitation		
AA Meeting	Father Agnone	AA Help Line 784 654
Drug Help line		374 33 77
Asumbi Treatment Centre	Caleb	0733-901-657
Nairobi Place		0723-809881
Mathari Hospital		0734-616630
Karen Surgery	Alice Blanchard; Tanya Shaw Rene Mason	883 845/6 0733-642246

Local Health Care Specialists

Cardiology/ Internal Medicine		
Dr Silverstein Dr. John Kariuki	Nairobi Hospital	272 1233/7
Dr. Majid Warshaw Dr. N. Sheikh	Aga Khan hospital Pavilion Suite 418	375 3251/2 0733-438723
Dr. Hemant Saha	Aga Khan Doctor's Plaza #303-5 3rd Ave, Parklands	375 0744 375 0838 374 0000 x2725 Fax 750-744
Dr. Rina Shah (HIV)	Aga Khan Hospital (one stop clinic)	366 2117
Dr. Mark D. Joshi	Aga Khan Doctor's Plaza #334 3rd Ave, Parklands	374 1699 374 4740 374 0000 ext 2728

Dentists		
Dr. P. Griffiths	7543 Kolloh Rd (off J. Gichuru next to BP)	4348211/4348221 4348223/ 4348252 0722-736-439 0734-437513
Dr. Pankaj Patel	Nairobi Hospital Laboratory Block	272 17 89 272 22 56
Dr. K. Kassiri Dr. Yunus Essajee	Village Market Upper level	712 24 60 7124025
Swedish Dental Grp Dr. Gustaffson Dr. McWilliams Dr. Alina Seng-Mugo Dr. Jan Rundgren	Othaya Rd	3866438/ 3865558/3871870 0722.648.300 0733.935.555
Dr. Pancho Sharma	Warwick Center (opp (UNEP)	7120782

Local Health Care Specialists

Orthodontists		
Dr. Sunil Sachdeva	Jetro Chambers, 1st Floor Mpaka Rd	444 50 16/ 4447782 4447730 Fax:444 6628
Dr. John McWilliam	Othaya Rd., Lavington	386 6438 386 5558
Dr. Peter Ng'ang'a	City Dental, Kimathi House, 4th Floor, Kimathi St	22 76 63/4

Oral/Maxillofacial Surgery		
Dr. Perry Devani	Doctor's Plaza, Aga Khan Hospital, Room 330	374 0000 ext 2756 374 6506 Fax: 434 7421
Professor Guthua	Kugeria Apts. Next to Upper Hill Medical Centre, Ralph Bunche Hse# 15	2716803
Dr. Eric Kahugu	Upper Hill Medical Centre RM 5C	2711750 2712669 0723-916363

Peridontist (Gum Specialist)		
Dr. Fuwad Abdallah	Barclays Plaza, Lower ground Floor, Loita Street	251 602 211 637

Local Health Care Specialists

Dermatologist		
Dr. Melanie Miyanji	Doctors' Plaza Room 119 3rd Parklands Ave Aga Khan	3749-858 3662710
Dr. Abda Khan	3rd Floor, Sarit Center	374 7426 374 6225
Dr. P.M/ Owili	Doctor Plaza, Aga Khan Hospital	374 1331 Fax: 3741383
Dr. Saroop Bansil	Upper Hill medical centre Rm 4F	272 0147 272 1576

Ear, Nose, Throat		
Dr. Muthure Macharia	Anderson Medical centre. Nairobi Hospital	271 59 72 2720480
	Aga Khan Doctor's Plaza	3746889/3662715 Cell:0733-633667
Dr. Harish Rupani	Nairobi Hospital, Laboratory Block#301	272 78 23 F: 2727419

Endocrinologist		
Dr. Eva Njenga	Acacia Medical Centre Ralph Bunche Rd Rm #7, 1st floor	272 2826 0726 119 729 271 1611 ext 113

Gastroenterologist		
Dr. Smita Devani	Doctor's Plaza, Aga Khan Hospital, Room 140	374 0000 ext 2756 374 6506 Fax: 434 7421
Dr. Betty Musau	Nairobi Hospital Room 03	2722 2302 0721-552 582
Professer Lule	Nairobi Hospital	271 4720

General Practitioners		
Dr. O.S. Dogra	Sarit Ctr, 4th Fl	44 495 92/93
Dr. Bunyassi	Sarit Ctr, 4th Fl	44 492 91/92
Dr. Kitulu	Sarit Ctr, 4th Fl	374 57 19

Local Health Care Specialists

Gynecology and Obstetrics		
Dr. P.S. Patel	Aga Khan Hosp, Dr. Plaza Rm # 114 First floor	374 1065
Dr. Zahida Qureshi		271 6645
Dr. S.R. Patel	Nairobi Hosp, Argwings Kodhek Rd	272 0108
Dr. M.D. Patel	State House, Lenana Rd	272 3756/2777

Neonatology		
Professor Aggrey Wasunna	Aga Khan Doctor's Plaza Room 232	3740 000 x 2745 353-999

Neurology		
Dr. Hooker	Aga Khan Doctor's Plaza	366 2769
Dr. Samuel Mwinzi	Nairobi Hospital Rm108	272 8630 272 2160 x484 Fax: 272 8630

Neurosurgery		
Dr. M.M. Quereshi	Aga Khan Hosp, Dr. Plaza rm 324	374 2619
Prof. R.F. Ruberti	Nairobi Hosp, Main Bldg Argwings Kodhek	272 24 87 374 96 64
Pro. G.M. Sande	Aga Khan Hosp, Dr. Plaza	374 1536 X 477

Opthalmology		
Mr. Raju Gohil	Unga house, 2nd floor, Unit 17, Muthithi Rd Westlands	375 2021 375 2022
Dr. A. K. Shah	Doctors' Plaza Rm 122	374 3046/5/7
Dr. M Sajabi Masinde	Yaya Ctr., 3rd Fl	386 2462 271 3015
Dr. Mukesh Joshi	Rehema Hse, 4th Fl, Standard Street	225 642/ 444 9487/8 Fax: 444 9399

Opticians

Local Health Care Specialists

Bishan Plaza	Mpaka/Muthithi Rd, Westlands	374 60 40
Jaff's Optical House	Sarit Ctr, Village Market	374 5264 712 2219
Eye Care Consultants	Fedha Towers, Muindi Mbingu St	251 760/211 033
	ABC Place Waiyaki Way	444 5799/444 1497

Orthopedics		
Dr. Mutiso	Hesabu House Arwings Kodhek Rd.	2726068
Dr. Modi MY	Aga Khan Drs; Plaza #405	3746755 3662779
Dr. Lawrence Gaku	Ngong Rd after Nakumat Menelik Rd	3875324/5 3875934/6 0722-208-370
Mr. Prakash Heda	Nairobi Hosp, Laboratory Block Parklands Ambulatory Surgical Center	272 99 79 272 74 62 Fax: 272 10 67 374 87 67 374 77 98 Fax: 374 93 93

Pediatrics		
Dr. Mohan Lumba	Sports Road, Westlands	444 3553 444 1642 fax: 4448-409
Dr. John Tole	Aga Khan Dr's Plaza Rm 513/514	374 8018
Dr. Sidney Nesbitt	Gertrude Gardens Pediatric Hospital	375 2883/4 376 7306/ hosp:376 3474 fax:375 3643
Dr. Colin Forbes	M.P. Shah Hospital Doctor's Plaza	374 7323 0724-940 616

Pediatric Cardiologist		
Dr. Betty Gikonyo	Karen Hospital	661 3000/182 0726-222001

Pediatric Surgeon		
Prof. Julius Kyambi	Nairobi Hosp, Laboratory	271 17 75

Local Health Care Specialists

	Block	

Physiotherapy		
Karen Johnson	Physique Ltd, General Mathenge Drive	374 9412/ 46/62
PASC	3rd Parkland Ave	274 8767 374 7798

Plastic Surgeon		
Mr. A.P. Landra	Nairobi Hosp, Consulting Rooms	272 04 04 Fax: 272 24 00

Local Health Care Specialists

Psychiatry/ Mental Health Care		
Nazira Mawji	Cactus Villa	445726, 445741
Dr. David Ndetei		724392 711862
Dr. Frank Njenga		27111596
Dr. Fred R. Owiti	Arrow Medical Center First Floor Arrow House Koinange Street	223156/222767/334186
Dr. J. K. Mutiso	Menelik Med Center. Menelik Rd off Ngong Rd. PO Box 41172 , 00100 Nairobi	575-775 571-179
Dr. J. M. Mburu	Gilfillan House 4th Floor Room 409 Kenyatta Avenue	33 20 85
Dr. M.A. Fazal	Aga Khan Hospital Doctors Plaza	374 25 31

Pulmonary		
Dr. D.W. Muhindi	Doctor's Plaza Room 225 Aga Khan Hospital	3740-000 x2761 3745-749 Fax: 3741-420

Radiology/MRI		
Nairobi Hospital	Argwings Kodhek Rd	272 21 60352101
MRI	Muthithi Rd, Westlands	3748058/ 3744173/3740046
Aga Khan Hospital	3rd Parklands Ave	374 25 31/353999

Local Health Care Specialists

Radiology/Mammograms		
MITC(mammogram	Nairobi Hospital	272 54 74
Aga Khan Hospital	3rd Parklands Ave	374 25 31
MRI(MITC)	Muthithi Rd, Westlands	374 84 51

Radiology X-rays		
Nairobi Hosp	Argwings Kodhek Rd	272 21 60/352101
Aga Khan Hospital	3rd Parklands Ave	3742531/353999
Dr. Handa	M.P. Shah Hospital 3rd Parklands Ave	3742763/4/6/7

Surgeons		
Dr. John Kariuki	Nairobi Hosp, Main Bldg	272 0726 271 1585
Professor Raja	Aga Khan Dr's Hospital	366 2109/366 2115
Dr. R. Chauhan	Doctors' Plaza Rm # 228	375 0524
Mr. Imre Loefler	Nairobi Hosp, Main Bldg	272 41 79
Dr. Richard Baraza	Nairobi Hosp, Consulting Rooms	272 26 51

Tropical Medicine		
Dr. Siao	Nairobi Hospital Main bld#21	271 6480 0734-517 972

Urologists		
Dr. Saeed Samnakay	Aga Khan Hospital, Doctor's Plaza	374 8069 374 3285
Dr.J. Thakkar	Upper Hill medical Centr RM 3B	342 884/5 0734-484484

Local Health Care Specialists

Peace Corps		
Dr. Ruse	Peace Corps Nairobi	444 8638

Foreign RMOs		
Dr. Howard Friend	British High Commission (Malawi)	High Commission =265-720-400 Clinic = 265-774-151
Adriane Nurse Practitioner	British High Commission	2714-669 2716-889
Dr. Patrick Theriault	Canadian High Commission	366 3441
Dr. Wolfgang Luster	German Embassy	4262109
Dr. Haruyo Kawagoe	Japanese Embassy	315855 ext 551
Dr. Kituyi	UN Medical Clinic	7621234

School Nurse		
Ms. Pam Carmichael	International School of Kenya	7183-622 7182-556